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CARE OF THE SEDATED CHILD

Your child will probably remain drowsy for most of the day and will most likely want to sleep. Please follow these instructions to help your child today.

1. Give your child small sips of clear liquids (eg. Ginger ale, 7-up, water, Gatorade, apple juice) or similar drinks. This helps calm the stomach. Also clear liquids such as broth can be given in small amounts.
2. NO SOLID FOOD (milk is considered a solid food) should be given until your child can walk steadily. Then, you can give small amounts at a time of toast, crackers, rice, etc.
3. DO NOT allow your child to sleep for more than 1 hour at a time. Wake your child up for about 5 minutes each hour and give small amounts of liquid. While the child is sleeping, make sure that the jaw is elevated, so as not to obstruct breathing.
4. Remove sharp furniture and lamp cords away from where the child will sleep. Do not place your child on a high bed or couch as he/she may wake suddenly and try to get up and could fall.
5. Make sure your child does not bite, chew, or suck on the inside of the cheek or lip. Some areas of the mouth may remain numb (asleep) for 2 hours where the work was done.
6. Give proper amounts of acetaminophen (Tylenol) if your child is uncomfortable from the dental treatment. Some soreness is expected the first day or two.
7. It is advisable that you do not allow your child to play outside today. Your child may be unsteady due to the medication and this may cause problems with balance and injury may result.
8. Please call the office at the number above if you have any questions or concerns.